



March 20, 2020

To our Behavioral Health patients:

RE: COVID-19 (coronavirus)

- Starting Monday 3/23 Attention BMHC Behavioral health patients, we are asking BMHC Behavioral Health patients to please NOT come to the building for your appointment. All BH appointments from 3/23 through 4/3 will be conducted via phone with the phone number we have on file for you. If you have recently changed your number, please call (906) 248-5527 to update the number to make sure you receive the call from your Behavioral Health provider.
- BMHC Behavioral Health will not be scheduling new intakes at this time until further notice. There will be crisis services available, from 8-12 and 1-4:30 daily, if needed. Please ring the chime for assistance. If you have an intake scheduled between March 23 and March 27, your appointment is cancelled and we will call to reschedule your appointment once restrictions are lifted. Existing clients, please do not come in for your scheduled appointment. Your clinician will reach out to you via phone.
- BMHC auricular acupuncture and massage have been cancelled until further notice.
- We ask everyone to continue to call before, or instead, of coming into the clinic and to follow:
 - Wash your hands for 20 seconds with soap and water, especially immediately after coughing, sneezing, or blowing your nose.
 - Avoid touching your face with unwashed hands
 - Clean surfaces that are touched frequently with an EPA- approved cleaner.
 - When returning from a country with widespread, sustained transmission of COVID-19, stay home and self-monitor for symptoms for 14 days. Keep distance with other people (social distancing)
 - When sick with fever, cough, or difficulty breathing or trouble breathing seek medical care and call ahead before going to a doctor's office or emergency room.
 - Do not travel while sick.
 - Cover your mouth and nose with a tissue or your sleeve (not your hands) when coughing or sneezing.

We appreciate everyone's patience and compliance through this situation. We will do everything we can to stay up-to-date of the situation and will share information when it becomes available and we will take any and all precautions if and when necessary to keep our employees, patients, and community members as safe as we can.

We also ask that you refrain from taking supplies from the clinic. This includes masks, gloves, and other essential items that are needed for the health care providers still providing services. If these supplies are taken or run out, we will not be able to continue to provide services. These are only available for those entering the clinic that need them while there. They are not to be taken out of the clinic.

-Bay Mills Health Center Staff